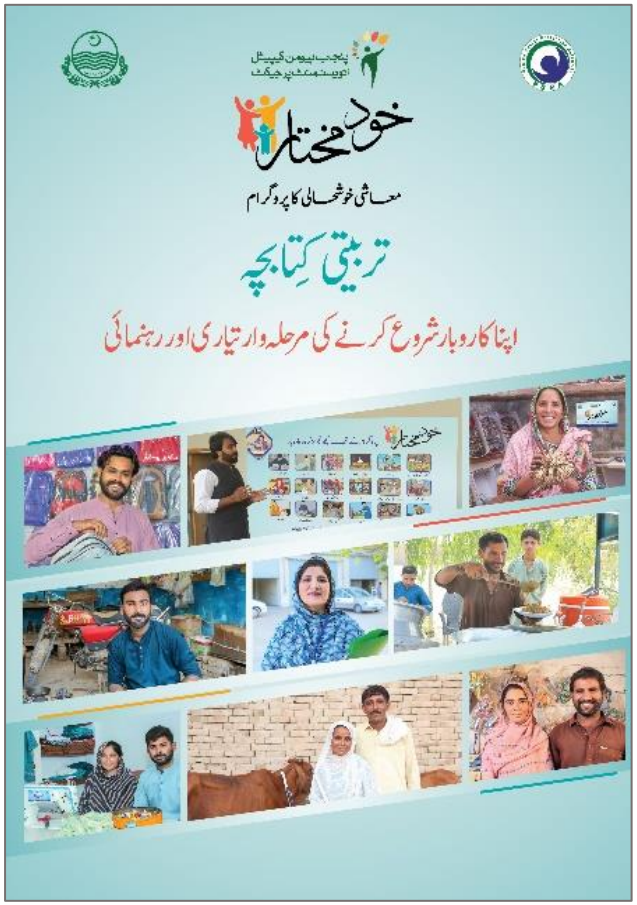Annex 5: LMR training material revised